

# Central Valley San Jose Tours



**dcr**<sup>®</sup>  
destination  
costarica

# POAS VOLCANO, DOKA, LA PAZ WATERFALLS

**Code:** DCR 223

**Level:** Easy **Minimum Age:** 5 years

**Approx Pick Up Time:** 7:30 am **Duration:** Full Day Activity

**What to Bring:** Camera, comfortable shoes, hat, insect repellent, sun lotion, and binoculars.

**What's Included:** Transportation, tour guide, entrance fee and lunch.

We will visit the Doka Coffee Estate for a delicious breakfast. Then we will be treated to a coffee tour in an actual coffee plantation where we will learn the ancient techniques used by the experts to produce some of the best coffee in Costa Rica and around the world. The careful process involved in the cultivation, harvesting and roasting of the Golden Bean will then be illustrated, very hands-on, and then we will savor the delectable product. After the coffee tour, we will continue to La Paz Waterfall Garden for a buffet lunch.

At La Paz Waterfall Gardens we will go through walking trails surrounded by lush tropical rain forest. Here we will appreciate flowing white rivers, spectacular waterfalls, birds, butterflies, monkeys, and hummingbirds. There are also, educational animal exhibits to enjoy such as the Aviary, the Butterfly Observatory, Hummingbird Garden, Serpentarium, Jungle Cats Exhibit, and the Frog Exhibit. This is definitely a tour enjoyed by nature lovers from all ages.



## 6 in 1 AT AERIAL TRAM (ATLANTIC)

**Code:** DCR 502

**Level:** Moderate **Minimum Age:** 6 years

**Approx Pick Up Time:** 7:00 am **Duration:** Full Day Activity

**What to Bring:** Camera, comfortable shoes and light jacket or raincoat, sun block lotion and, insect repellent

**What's Included:** Transportation, tour guide and lunch.

Rainforest Adventures Costa Rica, offers you the most complete eco-adventure package of the country. This "3 in 1" one day tour includes the attractive products in the country in one single day to assure you an incredible and unforgettable natural and adrenaline-filled experience. Enjoy alongside your family and friends the spectacular Atlantic rainforest private reserve within the confines of the Braulio Carrillo National Park, by doing different enjoyable activities like: aerial tram or zip-line, butterfly garden, terrariums, a naturalistic guided walk and a visit to our hanging bridge.





# ATV BY VISTA LOS SUEÑOS

**Code:** DCR 504

**Level :** Moderate

**Minimum Age:** 10 years

**Approx Pick Up Time:** 07:00 am

**Duration:** Full Day Activity

**What to Bring:** Camera, long pants, light jacket, binoculars, and sneakers..

**What's Included:** Transportation, tour guide, entrance fee & lunch.

The ATV Tour have you experience the real adventure and adrenaline. You will be able to cross rivers, farms and get to look points with ocean views and more. First, the guide will give you an instructional lesson on safety and how to operate your ATV. Once you know all about your vehicle, we will do a test drive. Then after this short practice to check your skill, we will begin our adventure. First we will drive about 20 minutes and ascend approximately 300 meters over the sea level, where you can appreciate the 360° panoramic views, you will be able to see the Nicoya Gulf, Herradura Beach Bay, and Jacó Beach Bay. Then we will continue through some cattle farms, dry forest, rivers and dirt roads, some mud and you even going to have the opportunity to enjoy a natural pool.



# SARAPIQUI WHITEWATER RAFTING CLASS II-III

**Code:** AGB 001

**Level:** Moderate

**Minimum Age:** 12 years

**Approx Pick Up Time:** 6:00 am

**Duration:** Full Day Activity

**What to Bring:** Swimming suit, comfortable shoes or sandals, towel, sun block lotion and shorts.

**What's Included:** Transportation, tour guide, lunch and rafting equipment included.

The Sarapiquí River is the perfect combination of adventure and nature. This section is filled with class II-III rapids and clear, refreshing water that swerves its way through the tropical rainforest of Sarapiquí, making it a true paradise!



# PACIFIC ISLAND CRUISE

**Code:** DCR 212

**Level :** Easy **Minimum Age:** 4 years

**Approx Pick Up Time:** 6:00 am **Duration:** Full Day Activity

**What to Bring:** Swimsuit, towel, sun lotion, hat, camera, and light jacket.

**What's Included:** Transportation, tour guide, light breakfast and lunch.

In the Gulf of Nicoya, there is a heavenly archipelago of several islands with lush natural beauty and a sanctuary that is home to seabirds, white sandy beaches, and the flora and fauna of our Central Pacific region. Tortuga Island is located in this beautiful archipelago. Situated 12 nautical miles from Puntarenas, Tortuga Island (called by local indigenous people "Tolinga") has an area of 120 hectares and is maintained as a protected forest, which has been awarded the Ecological Blue Flag for more than five years. This distinction is awarded to beaches in our country that have pollution-free waters. Due to its geographical features, Tortuga Island's waters are clear turquoise, which are optimal for swimming.



## ARENAL VOLCANO BY NIGHT

**Code:** DCR 203

**Level :** Easy **Minimum Age:** 4 years

**Approx Pick Up Time:** 10:00 am **Duration:** Full Day Activity

**What to Bring:** Camera, light jacket, swimsuit, towel, binoculars, and sneakers.

**What's Included:** Transportation, tour guide, entrance fee lunch and dinner.

This is one of the most popular tours we offer. This tour shows the best of both worlds, in terms of the raw untamed beauty of the imposing Arenal Volcano, which is juxtaposed against the lush and soothing thermal waters of Tabacon Hot Springs. All this, set against a backdrop of lush vegetation and breathtaking views of the nearly perfect conical shaped lines of the volcano.



## MANUEL ANTONIO NATIONAL PARK

**Code:** DCR 507

**Level :** Easy **Minimum Age:** 4 years

**Approx Pick Up Time:** 6:00 am **Duration:** Full Day Activity

**What to Bring:** Hiking shoes, comfortable shoes, sandals, short pants, T-shirt, swimsuit, towel, hat or cap, sunscreen, insect repellent, light jacket & camera.

**What's Included:** Transportation, tour guide, entrance fee, breakfast and lunch.

The beaches in Manuel Antonio are highly coveted as some of the best that Costa Rica has to offer. On the way to Manuel Antonio National Park, you will travel along the coastline enjoying scenic views. You will also travel past small villages along the Pacific Coast, until you reach the port of Quepos and the ultimately the National Park. Once in the park, you can simply relax and enjoy the beach, sunbathe, or hike through the park's trails. Several species of monkeys, iguanas, birds and possibly even the three-toed sloth can be seen.





# IRAZU VOLCANO & HACIENDA OROSI HOT SPRINGS

**Code:** DCR 253

**Level:** Moderate

**Minimum Age:** 12 years

**Approx Pick Up Time:** 7:30 am

**Duration:** Full Day Activity

**What to Bring:** Hiking shoes, comfortable shoes, sandals, short pants, T-shirt, swimsuit, towel, hat or cap, sunscreen, insect repellent, light jacket & camera

**What's Included:** Transportation, tour guide, entrance fee and lunch.

On the top of the volcano you can observe the main craters and on a clear day Pacific Oceans and Caribbean Sea. As we descend to the city of Cartago we will stop at the Virgin of the Angels Basilica that according to religious custom is a peregrination site for many believers. Surrounded by rainforest and lush vegetation..

La Hacienda Orosi has been blessed by mother earth with nascent hypothermal mineral water. These rich springs of mineral hypothermal "telluric" waters (non-magmatic or volcanic), are filtered between the layers of the earth and spring in the middle of the rainforest at more than 65 degrees Celsius.



# POAS VOLCANO, DOKA & SARCHI OXCART FACTORY

**Code:** DCR 211

**Level:** Easy

**Minimum Age:** 5 years

**Approx Pick Up Time:** 7:30 am

**Duration:** Full Day Activity

**What to Bring:** Comfortable shoes, hat, insect repellent, sun lotion, and binoculars.

**What's Included:** Transportation, lunch, tour guide and entrance fee.

This tour takes us to the unforgettable Poas Volcano; across coffee plantations and scenic vistas, and then into the heart of the artisans' workshops in Sarchi. At the volcano we will have time to enjoy the impressive main crater with its fumaroles, and then go on a light hike traversing a trail to the beautiful Botos Lagoon to learn about the different ecosystems. Next, after visiting the volcano, we will have time to enjoy a delicious lunch at Doka Estate. Our third stop is the town of Grecia, considered one of the cleanest towns in Latin America. Grecia is home to one of the only Metal Churches in Central America.



## SAN JOSE CITY TOUR (Afternoon only)

**Code:** DCR 106

**Level :** Easy

**Minimum Age:** 4 years

**Approx Pick Up Time:** 1:00 pm

**Duration:** Half Day Activity

**What to Bring:** Camera.

**What's Included:** Transportation and tour guide.

During this journey we will visit the National Theater, also known as "The jewel of San José", a masterpiece in art and architecture built by Costa Ricans and completed in 1897. Then we will visit the Museum of Gold (an archaeological interest site), then the Central Market, place full of the Costa Rican cultural heritage and traditions, where you will be able to browse and buy some local art crafts. We will also visit the Metropolitan Cathedral.

As we travel around the city, we will point you out several historically important or main buildings in our city, for example The Costa Rica University, The Old Train Station, The National Liquor Factory, The National Supreme Election Bureau, the Asamblea Legislativa (equivalent to The Congress), The Metallic Building, some parks and various sites of interest. This will be an introduction to our Capital City, and information about our economy, cultural, politics, religion and general current events.



# TIQUICIA FOLKLORE SHOW

**Code:** DCR 509

**Level:** Medium

**Minimum Age:** 4 years

**Approx Pick Up Time:** 5:00 pm

**Duration:** Half Day Activity

**What to Bring:** Light jacket, comfortable shoes and camera

**What's Included:** Transportation, tour guide, Welcome Cocktail, snacks, open bar, dinner (Typical Buffet) & Show

This Night Tour takes you to discover ESCAZU -the Capital's upscale suburb. On route a winding paved mountain country road with awesome "vistas" brings you to Tiquicia. Here a traditional farmhouse with 150 year old tiles awaits to offer you a genuine Costa Rican ambiance where you will be able to sample local food together with national drinks served in the kitchen area.

A typical dance presentation takes place during your stay while you enjoy amazing views of the entire Central Valley.



# VIP CITY BUS

**Code:**

**Level :** Easy

**Minimum Age:** 4 years

**Approx Pick Up Time:** 11:00 am / 3:00 pm

**Duration:** Half Day Activity

**What to Bring:** Camera.

**What's Included:** Transportation and tour guide.

Our unique sightseeing double decker bus will take you to downtown San Jose from your hotel to witness the city's main historical landmarks for an immersive and panoramic cultural experience and a better understanding of Costa Rica's evolution.

Our favorite places to visit for a guided walk in San Jose include Costa Rica's cherished National Theater (lobby), Art Museum, Metropolitan Cathedral the old and authentic Central Market, the new and impressive National Stadium, an in-depth description of the National Monument, and the influential historical episode that took place at the Democracy Plaza.

